

HIKE your Way towards A HEALTHY LIFE

25/26 April

We also care about **healthy habits**. That is why we organised THE HIKING DAY, an activity which was planned to make young people aware of the importance of exercising and enjoying nature at the same time. All the groups of E.S.O which take part in the English bilingual program went hiking to different places.

The students of 4th year did a 2-day-hiking tour through "La Sierra de Alcaraz", from Ríopar to Peñascosa.



The students of 3rd year went hiking along a very popular and beautiful path called "Camino de la Umbría", which allowed them to view the picturesque village of Ayna from different perspectives.



The students of 2nd year took the bus to Peñas de San Pedro, where they followed the trail around the castle, went up to the top of the magnificent crag and the so called "Cerro Gordo". They also had time to wander around the village.



The youngest ones, those in first year, went to the Botanic Garden and "Parque de la Pulgosa", where they played different games.

